



PROFESSIONAL COACHING STAFF 2010-2011 Season

Coach's Name: Jennifer Fryer

Contact Information:

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Philosophy:

Coaching Experience: 8 years

Certifications:

NCCP – Level 1

CEP - Silver

Other -

Areas of Specialization: health, fitness, rehabilitation, CanSkate, STARSkate I, choreography, off ice training

Personal Skating Credentials:

Competitive – Jr. Competitive

Test – Gold Freeskate, artistic and dance, Seventh Figure, Skills Stage 1

Other – Dance Variation

Professional Highlights: Supervisor of Seneca College recreation program 3 years

Interests: crafts, fitness, child development, nutrition

Rates: