

## **Summer 2019 Competitive Session Qualifications**

The below qualifications apply only to the Summer 2019 programs. If you have any questions about if you qualify for a specific session, please speak to your coach.

### **Summer Select Comp Package**

Skaters in this program will follow the Select Comp Package schedule. They will participate in on-ice and off-ice sessions. On-ice sessions may include group lessons and freeskate time. Off-ice sessions may include fitness with Flexafit, stretching, off-ice jumps, or other activities to enhance the skater's training.

Qualifications:

- Must be able to land clean double axel with consistency.
- Must be competing in summer competitions
- International competitor approved by Skating Director and Competitive Director
- May be invited or approved by the Skating Director and Competitive Director

### **Summer Elite Comp Package**

Skaters in this program will follow the Elite Comp Package schedule. They will participate in on-ice and off-ice sessions. On-ice sessions may include group lessons and freeskate time. Off-ice sessions may include fitness with Flexafit, stretching, off-ice jumps, or other activities to enhance the skater's training.

Qualifications:

- For skaters with Elite level qualifications and participated in three days of Skate Oakville Spring competitive program.
- Must be competing in summer competitions
- Must be landing all doubles and double/double combinations.
- Must be competing at a Pre-Juvenile level or higher at summer competitions.
- May be invited or approved by the Skating Director and Competitive Director

Note: skaters with Elite qualifications that had been invited up for some Select sessions during the winter and spring, must register at the Elite level for summer sessions.

### **Summer Advanced Comp Package**

Skaters in this program will follow the Advanced Comp Package schedule. They will participate in on-ice and off-ice sessions. On-ice sessions may include group lessons and freeskate time. Off-ice sessions may include fitness with Flexafit, stretching, off-ice jumps, or other activities to enhance the skater's training.

Qualifications:

- For skaters currently in spring Advanced program.
- Comprehension and understanding of an axel and practicing double jumps.
- Skaters that meet the criteria and are invited by the skating and Competitive Directors.

*Final say on skaters' qualifications and placement will be up to the Skating Director in order to ensure, appropriate numbers on sessions and session integrity that will enable all skaters to gain the most benefit from the summer training programs.*