



STEP BY STEP GUIDE FOR YOUR SESSION AT THE RINK

Before you depart for the Rink

- Ensure you have all your skating equipment including, skates, guards, gloves, and anything else you will need including water bottle, tissues (and bag for disposal), hand sanitizer and facemask.
- Once inside the building, you are not permitted to leave until the session is over.
- Review and complete the Health Screening Questionnaire, either online or on the printable paper form
 - if you answer yes to any of the questions, **DO NOT go to the rink.**
- Make sure you are arriving for your scheduled session **only**. Skaters/coaches will only be admitted to the facility based on the session(s) they are registered.
- You will be permitted to have **1 small bag** for your belongings that can be kept under your chair or on the players benches (marked areas) while you are on the ice. Please keep all belongings in the bag. **NO ZUCA BAGS PERMITTED INSIDE THE FACILITY.**

When you arrive at the Rink

- Please park leaving spaces between cars, there is lots of parking and this will comfortably give people space to move around their cars respecting physical distancing.
- You may warm up in the parking lot as long as you are physical distancing and respecting those around you.
- You will be permitted entrance to the facility **10 minutes before your scheduled ice time.**
- Skaters must be in the building AND on the ice by the start of the session. Once the session begins, skaters are **NOT PERMITTED** to enter the building.
- Masks are mandatory in the building except for skaters while they are ON the ice.
- Sanitize your hands when entering the building
- Skaters and coaches must sign in for each session they are on and indicate whether they completed the Daily Health Screening online or on paper.
- NO food or drinks will be permitted in the facility. No disposable cups are permitted inside.
- Any areas outside of your specific Rink's area is off limits. Do not use stairs and/or elevators inside the building, and do not pass through curtains or stanchions to access restricted areas.
- You will put your skates on in the chairs in the **HALLWAY.**
- Parents/Guardians, siblings, and spectators are **NOT PERMITTED** inside the building at any time or for any reason.

When you go on the ice

- You will go inside the rink, with all your belongings, and place them neatly on/under one of the chairs inside the rink
- Please remain spaced at least 2m apart when lining up to enter the ice. There will be one door used for entering and exiting the ice surface.
- Skaters **MUST** keep their mask on until they are ON the ice.

- There will be marked areas on the players bench where you can put your bag, and on the boards where you can put your water bottle and guards.
- Please dispose of used tissue after use – you are responsible for providing your own tissues and bag for disposal. Tissues must not be left around the boards or players benches.
- Please be careful posting picture or images on social media, perception in photos can make skaters/coaches look closer than they appear so be smart about photos and posting.
- Music will be available, however, tablets will only have their protective screen changed between sessions, so please be diligent when using the tablets and sanitize your hands.

When your session is over

- Line up at least 2m apart when exiting the ice and take all your belongings with you.
- You will go directly to the chairs inside the rink to take off your skates
- Exit the building immediately, do not wait for friends, siblings or coaches.
- You are not permitted to go from rink to rink after or before your session. You must exit the building until your next registered session.
- Coaches on the ice will be responsible for sanitizing the music tablets and preparing them for the next session.

Also...

- The Skate Oakville office is closed to the public
- Only those registered for programs are permitted inside the building
- Wear clean clothes and gloves everyday
- Have your own hand sanitizer and use it regularly
- There will be washrooms for emergency use only when in the building for your session. There will be no access to washrooms before you enter or after you have left the building.
- Skate Ontario Waiver – this was completed on your first invoice for sessions beginning on or after September 7, 2020
- Health screening form – one per day each day you are at the rink, either online or paper
- Procedures will be updated as things are revised and modified. Please monitor our COVID page for all information and updates: <https://www.skateoakville.ca/skating-programs-oakville/covid-19/>

Individuals who are considered a vulnerable or at-risk (individuals over 70 years, weakened immune system or medical conditions such as heart disease, lung disease, cancer etc.) should strongly consider their participation in club/skating school activities.