



STAR Bridging Information Package



StarSkate

2024-2025 season



STAR Bridging Program Information

The STAR bridging program is meant to help transition your skater from CanSkate to our STARskate figure skating program.

Why are we introducing this program?

CanSkate and STARskate have differences in the way sessions run and how your skater is assessed. We want to support your skater during this transition.

Who is eligible?

Your skater must be passed stage 5 CanSkate to be eligible. You may receive an email during the year with an invite to the STAR bridging program. You are also welcome to email office@skateoakville.ca to inquire.

What do I register for?

Once the office confirms you have an invite, you can register at any point during the season. You must remain in one CanSkate program to finish stage 6. Your skater will take an additional STAR A with groups class. STAR A with groups is a 50-minute session completely directed by a coach.

To register, log into your account and find the home page. Selection Registration, STAR and Comp. Select the season (Main 2024-25). Scroll through the programs and select the program of choice. Be sure it is a STAR A with groups and not an open session. Please see the schedule on the front page of the website.

Your skater will be skating twice a week. You can choose any Canskate session and any STAR A with groups session, they do not have to be on the same day.

What is STAR A groups?

STAR A group sessions are 50-minute group lessons. Skaters in this program must wear figure skates. Skaters will work on all figure skating disciplines, including singles, dance, and synchronized skating.

Those in the STAR bridging program must wear a CSA approved helmet until passed stage 6 CanSkate.

Do I have to participate in the bridging program?

No, the bridging program is for skaters eager to start figure skating. It is not mandatory.