

RINK 1

Start	Finish	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
7:00	7:50	Open	Open	Open	Open	Open	
8:00	8:50	Pairs 1	Pairs 1	Pairs 1	Pairs 1	Pairs 1	
9:00	9:50	Pairs 2	Pairs 2	Pairs 2	Pairs 2	Pairs 2	
10:00	10:50	Comp 3 Free	Comp 3 Free	Comp 3 Free	Comp 3 Free	Comp 3 Free	
11:00	11:30	Pairs Group	Pairs Group	Pairs Group	Pairs Group	Pairs Group	
11:30	12:20	Pairs 3	Pairs 3	Pairs 3	Pairs 3	Pairs 3	
12:30	1:20	Comp 3 Free	Comp 3 Free	Comp 3 Free	Comp 3 Free	Comp 3 Free	
1:20	1:50	Comp Group	Comp Group	Comp Group	Comp Group	Comp Group	
2:00	2:50	Pair/Comp 3 Free	Pair/Comp 3 Free	Pair/Comp 3 Free	Pair/Comp 3 Free	Pair/Comp 3 Free	
3:00	3:50	Open	Open	Open	Open	Open	
4:00	4:50		Open	Open	Open		
5:00	5:50		Open	Open	Open		
6:00	6:50		Open	Open	Open		Adult 6:00-7:20

RINK 2

Start	Finish	Monday	Tuesday	Wednesday	Thursday	Friday
7:30	8:20	Open	Dance	Dance	Dance	Open
8:30	9:20	Comp 2 Free	Comp 2 Free	Comp 2 Free	Comp 2 Free	Comp 2 Free
9:30	10:40	STAR C w/Groups	STAR C w/Groups	STAR C w/Groups	STAR C w/Groups	STAR C w/Groups
10:50	11:40	STAR B Free	STAR B Free	STAR B Free	STAR B Free	STAR B Free
11:50	12:40	STAR C/D Free	STAR C/D Free	STAR C/D Free	STAR C/D Free	STAR C/D Free
12:50	2:00	STAR B w/Groups	STAR B w/Groups	STAR B w/Groups	STAR B w/Groups	STAR B w/Groups
2:10	3:00	Comp 1 Groups	Comp 1 Groups	Comp 1 Groups	Comp 1 Groups	Comp 1 Groups
3:00	4:20	STAR A w/Groups	STAR A w/Groups	STAR A w/Groups	STAR A w/Groups	STAR A w/Groups
4:30	5:20		Synchro	CanSkate	Synchro	
5:30	6:20		Synchro	CanSkate	Synchro	
6:30	7:20		Synchro	CanSkate	Synchro	

RINK 3

Start	Finish	Monday	Tuesday	Wednesday	Thursday	Friday
11:30	12:50	Comp 2 Gr/Free	Comp 2 Gr/Free	Comp 2 Gr/Free	Comp 2 Gr/Free	Comp 2 Gr/Free

Packages

PAIRS		<i>includes pair sessions, on ice groups and off ice classes (pairs will have specific weekly training schedules)</i>	
7:20	7:50	off ice warm up lifts	
8:00	8:50	Pairs 1	
9:00	9:50	Pairs 2	
11:00	11:30	Pairs Group	
11:30	12:20	Pairs 3	
12:30	1:20	Pairs off Ice	
2:00	2:50	Pair/Comp 3 Free	Optional- Must register seperately

COMP 3		<i>includes - 2 freeskate sessions on ice groups and off ice classes</i>	
9:00	9:50	Comp 3 off Ice	
10:00	10:50	Comp 3 Free	
12:30	1:20	Comp 3 Free	
1:20	1:50	Comp Group	
2:00	2:50	Pair/Comp 3 Free	Optional- Must register seperately

COMP 2		<i>includes on ice group/free sessions, on ice free session and off ice classes</i>	
8:30	9:20	Comp 2 Free	
10:00	10:50	Comp 2 off Ice	
11:30	12:00	Comp 2 Groups	
12:00	12:50	Comp 2 Free	

Jr Academy/Future Stars		<i>includes on ice group/free session, and off ice classes</i>	
1:30	2:00	Comp 1 Off Ice	
2:10	3:00	Comp 1 Groups	

STAR A		<i>includes on ice groups, and off ice classes</i>	
2:10	2:50	STAR A Off ice	
3:00	3:40	STAR A Groups	
3:40	4:20	STAR A Free	

STAR B		<i>includes on ice groups, and off ice classes</i>	
10:50	11:40	STAR B Free	Optional- Must register seperately
11:50	12:40	STAR B Off Ice	
12:50	1:30	STAR B Free	
1:30	2:00	STAR B w/Groups	

STAR C		<i>includes on ice groups, and off ice classes</i>	
9:30	10:00	STAR C w/Groups	
10:00	10:40	STAR C Free	
11:00	11:40	STAR C Off Ice	
11:50	12:40	STAR C Free	Optional- Must register seperately

STAR D			
11:50	12:40	STAR C/D Free	