



## TEST PROGRAM DELIVERY GUIDE

SKATING SKILLS	FREE SKATING	DANCE		INTERPRETIVE	
LEVELS	LEVELS	COMPULSORIES	CREATIVE	SINGLES	COUPLES
		<b>DIAMOND (any 4)</b> <input type="checkbox"/> Ravensburger Waltz <input type="checkbox"/> Tango Romantica <input type="checkbox"/> Yankee Polka <input type="checkbox"/> Rhumba <input type="checkbox"/> Austrian Waltz <input type="checkbox"/> Golden Waltz			
<input type="checkbox"/> <b>GOLD</b> A: Counters & Three Change Three B: Multi-Circle Double Threes & Mohawks C: Expanding Exercise	<b>GOLD</b> <input type="checkbox"/> Elements in Isolation <input type="checkbox"/> Program of 3.5 or 4.0 minutes for ladies, 4.0 or 4.5 for men	<b>GOLD (any 4)</b> <input type="checkbox"/> Viennese Waltz <input type="checkbox"/> Westminster Waltz <input type="checkbox"/> Quickstep <input type="checkbox"/> Argentine <input type="checkbox"/> Silver Samba	<input type="checkbox"/> <b>GOLD</b> Creative	<input type="checkbox"/> <b>GOLD</b> Program of 2.0 or 3.0 minutes	<input type="checkbox"/> <b>GOLD</b> Program of 2.0 or 3.0 minutes
<input type="checkbox"/> <b>SENIOR SILVER</b> A: Rockers & Choctaws B: Multi-Circle Double Threes & Brackets C: Expanding Exercise	<b>SENIOR SILVER</b> <input type="checkbox"/> Elements in Isolation <input type="checkbox"/> Program of 3.5 or 4.0 minutes	<b>SENIOR SILVER (any 4)</b> <input type="checkbox"/> Paso Doble <input type="checkbox"/> Starlight Waltz <input type="checkbox"/> Blues <input type="checkbox"/> Kilian <input type="checkbox"/> Cha Cha Congelado	<input type="checkbox"/> <b>SILVER</b> Creative	<input type="checkbox"/> <b>SILVER</b> Program of 2.0 or 3.0 minutes	<input type="checkbox"/> <b>SILVER</b> Program of 2.0 or 3.0 minutes
<input type="checkbox"/> <b>JUNIOR SILVER</b> A: Multi-Turns & Power Threes B: Snakes & Ladders II (Revised) C: Flying Choctaws	<b>JUNIOR SILVER</b> <input type="checkbox"/> Elements in Isolation <input type="checkbox"/> Program of 3.0 or 3.5 minutes	<b>JUNIOR SILVER</b> <input type="checkbox"/> Foxtrot <input type="checkbox"/> Harris Tango <input type="checkbox"/> American <input type="checkbox"/> Rocker Foxtrot			
<input type="checkbox"/> <b>SENIOR BRONZE</b> A: Forward Brackets B: Power Circles II C: Expanding Exercise	<b>SENIOR BRONZE</b> <input type="checkbox"/> Elements in Isolation <input type="checkbox"/> Program of 2.5 or 3.0 minutes	<b>SENIOR BRONZE</b> <input type="checkbox"/> Ten-Fox <input type="checkbox"/> Fourteenstep <input type="checkbox"/> European Waltz	<input type="checkbox"/> <b>BRONZE</b> Creative	<input type="checkbox"/> <b>BRONZE</b> Program of 2.0 or 3.0 minutes	<input type="checkbox"/> <b>BRONZE</b> Program of 2.0 or 3.0 minutes
<input type="checkbox"/> <b>JUNIOR BRONZE</b> A: Threes & Power Mohawks B: Power Circles I C: Change Threes	<b>JUNIOR BRONZE</b> <input type="checkbox"/> Elements in Isolation <input type="checkbox"/> Program of 2.0 or 2.5 minutes	<b>JUNIOR BRONZE</b> <input type="checkbox"/> Swing Dance <input type="checkbox"/> Fiesta Tango <input type="checkbox"/> Willow Waltz		<b>Introductory</b> Program of 2.0 or 3.0 minutes	<b>Introductory</b> Program of 2.0 or 3.0 minutes
<input type="checkbox"/> <b>PRELIMINARY</b> A: Waltzing Threes B: Waltzing Mohawks C: Preliminary Circles	<b>PRELIMINARY</b> <input type="checkbox"/> Elements in Isolation <input type="checkbox"/> Program of 1.5 or 2.0 minutes	<b>PRELIMINARY</b> <input type="checkbox"/> Dutch Waltz <input type="checkbox"/> Canasta Tango <input type="checkbox"/> Baby Blues			